



RELATIONSHIP AWARENESS:
**Love Immersion
Workshops**

Join Community Resource Center for an enriching workshop series about self-love, healthy boundaries, and positive patterns and behaviors, designed to uplift your life.

Explore the profound significance of embarking on a self-love journey, learn to practice a daily self-love connection, and discover the art of establishing and maintaining healthy boundaries! Don't miss this opportunity to enhance your relationship with yourself and boost your personal development.

- September 19:** Love & Connection
- October 17:** Healthy Boundaries & Red Flags
- November 21:** Affirmations & The Power of Emotions
- December 19:** Self-Worth & Gratitude Practice

In person in Carlsbad, 5:00 – 6:30 PM

REGISTER NOW



SPEAKER:

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