



RELATIONSHIP AWARENESS: **Love Immersion Workshop**



Join Community Resource Center for an enriching workshop series about self-love, healthy boundaries, and positive patterns and behaviors, designed to uplift your life.

Explore the profound significance of embarking on a self-love journey, learn to practice a daily self-love connection, and discover the art of establishing and maintaining healthy boundaries! Don't miss this opportunity to enhance your relationship with yourself and boost your personal development.

- March 18:** Connection & Self-Love
- March 19:** Healthy Boundaries
- March 20:** Patterns and Behaviors
- March 21:** Self Worth and Affirmations
- March 22:** Emotional Scale & Gratitude Journal.



SPEAKER:

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CRCNCC.ORG/EVENTS

REGISTER NOW

