

DONATION WISH LISTS

Carol's House

- ♦ Twin Comforters
- ♦ Full size Comforters
 - ♦ Pillows
- ♦ Sheets (Twin and Full)
 - ♦ Towels
 - ♦ Paper Towels
- ♦ Toilet Paper
- ♦ Journals
- ♦ Planners
- ♦ Bedroom Dressers
- ♦ Alarm Clocks
- ♦ Hangers
- ♦ Dishes
- ♦ Silverware
- ♦ Glasses
- ♦ Cooking Utensils
- ♦ Small Fans

Therapeutic Children's Center

- ♦ Snacks
- ♦ Bean Bags
- ♦ Book Bags
- ♦ Children's Shoes
- ♦ Lunch Boxes
- ♦ Arts & Crafts Supplies

Food and Nutrition Program

Most Requested Food Items:

- ♦ Canned Meat/Fish Canned Spam
- ♦ Canned Chili with meat Canned
- ♦ Soup with meat Canned Beef Stew
- ♦ Canned Baked Beans
- ♦ Evaporated/Condensed Milk
- ♦ Canned Fruits and Applesauce
- ♦ Canned vegetables Peanut Butter
- ♦ Dry White/Brown Rice (1 lb. size)
- ♦ Dry Beans (1 lb. size) Condiments
- ♦ Dried Fruits & Nuts
- ♦ Oil (24 oz. size or smaller)
- ♦ Pasta/Top Ramen/Macaroni & Cheese
- ♦ Sugar (small box size)
- ♦ Juice
- ♦ Salad Dressing
- ♦ Protein bars
- ♦ Cereal
- ♦ Ground Regular coffee (no coffee pods, no decaf)

Other Items:

- ♦ Hair Conditioner
- ♦ Liquid Hand Soap
- ♦ Dish Soap
- ♦ All Purpose Cleaner
- ♦ Diapers (size 3+) & Baby Wipes
- ♦ Baby Food
- ♦ Reusable Grocery Bags
- ♦ Disposable Razors
- ♦ Toothbrush and Toothpaste
- ♦ Adult Diapers
- ♦ Feminine Pad/Tampons
- ♦ Toilet Paper/Paper Towels
- ♦ Can Openers
- ♦ Shampoo
- ♦ Body Lotion
- ♦ Body Wash

DONATION DROP-OFF INFORMATION

Help change lives for the better and create opportunity in our community!

Donate online at www.CRCNCC.org/onlinegiving

CRC Social Services Office

8:30 am-4:30 pm Monday-Thursday; 8:30 am -1:30 pm Friday (Closed major holidays)

Community Resource Center, 650 Second Street, Encinitas, CA 92024

*To schedule a driver to pick up large or bulk items, please call (760) 753-2200

Carol's House is a domestic violence emergency shelter. The Therapeutic Children's Center provides a safe and healthy environment for children recovering from the traumatic effects of domestic violence. The Food and Nutrition program provides access to healthy food and other items for individuals working towards self-sufficiency

For more information, please visit www.CRCNCC.org

